



NEVADA DIABETES COUNCIL





Join the Nevada Diabetes Council (NDC)
NDC Support Organizations
NDC Members
NDC Accomplishments & Opportunities
Diabetes in Nevada
NDC Performance Improvement Plan



TRANSLATE DATA

NEVADA DIABETES COUNCIL

STRENGTHEN PARTNERSHIPS

REDUCE DISPARITIES



Established in 1997, the Nevada Diabetes Council (NDC) provides guidance to the Nevada Diabetes Prevention and Control Program. The Council serves as a volunteer body working to promote diabetes prevention and community awareness within Nevada. Membership includes representatives from public and private organizations, agencies, business leaders, health care systems and concerned citizens across Nevada's urban, rural and frontier communities.

Our goals are to continue enhancement of diabetes public health systems in Nevada; develop strategies for integrating chronic disease programs; and expand partnerships with committed individuals and organizations to promote diabetes prevention and awareness.

We invite leaders like you to join us. The enclosed materials give more information about the NDC. Become an active member. Let's work together to beat diabetes in Nevada!

NEVADA DIABETES COUNCIL
4150 Technology Way, Room 101
Carson City, NV 89706
775 684-5996



NDC Performance Improvement Plan

The Nevada State Health Division published: "Diabetes in Nevada: A Report and Performance Improvement Plan" in April 2005. Using the National Public Health Performance Standards as a model, Nevada's report represents a call to action to improve the quality of life for people with diabetes. The Council helped prepare this report encouraging change in public awareness, health policies and diabetes care systems.

Successful implementation of the plan will enable Nevada's Diabetes Prevention and Control Program to:

- Improve the quality of life for people with diabetes
- Translate diabetes surveillance data
- Reduce disparities in populations with high rates of diabetes
- Strengthen partnerships and linkages within Nevada's diabetes public health systems

To read the performance improvement plan, visit <http://health2k.state.nv.us/nevadadiabetesreport205.pdf>

Diabetes in Nevada

Research shows that diabetes is one of the most controllable and often preventable chronic diseases. Despite this promising research, diabetes prevalence estimates are rising at alarming rates, increasing in Nevada from 4.2% in 1996 to 7.5% in 2006 (adults over 18 years of age). These rates are comparable to national diabetes prevalence estimates.

While an estimated 20.8 million (children and adults) have been diagnosed with diabetes in the US, unfortunately, an additional 6.2 million people (or over one-third) are unaware that they have diabetes. As with other chronic illnesses, this increase is due to the aging of the U.S. population, the rising rate of obesity and physical inactivity. In addition:

- Diabetes is the leading cause of adult blindness, kidney failure, and non-traumatic lower-limb amputations.
- Persons with diabetes are 2 to 4 times more likely to have heart disease and stroke than persons without the disease.
- Costs the Nevada Medicaid program over \$3 million annually for prescription therapy. In 2005, over \$167 million was spent for Nevada hospitalizations with diabetes as a primary diagnosis.

The good news is diabetes can be prevented or delayed. Join the NDC and help us promote diabetes prevention and control.

Adapted from the Nevada State Health Division 2005 report: "Diabetes in Nevada" and the National Diabetes Education Program (NDEP). For more information contact the NDEP at 1-800-438-5383 or visit www.ndep.nih.gov

NDC Accomplishments & Opportunities

Through collaborative efforts the NDC has mentored outreach programs to help improve diabetes care and management for people living with diabetes. Some of these programs include:

- The Diabetes Collaborative which educates healthcare providers on diabetes best practices and provides tools for improving quality of care
- Statewide distribution of diabetes support material including: a) the Nevada Diabetes Resource Directory, b) Guidelines for Children with Diabetes in School, and c) pocket healthcare reminder cards for people with diabetes
- Community diabetes screening events and support of diabetes self-management education

Diabetes remains a significant challenge for individuals and families in Nevada. NDC needs your support and involvement. Some things to consider:

- Development of policy at local, county, and state levels promoting fitness and wellness
- Engaging the business community to support worksite wellness
- Enhancement of the healthcare community's efforts toward providing comprehensive diabetes care and self-management education

NDC Members

- Adult Diabetes Education and Management Support Group (ADEMS)
- Carefree Footwear
- Carson City Health and Human Services
- Diabetes Treatment Center at Desert Springs Hospital
- Health Access Washoe County (HAWC)
- HealthInsight
- Juvenile Diabetes Research Foundation
- Nevada Broadcaster's Association
- Nevada Diabetes Association for Children & Adults
- Nevada Public Health Foundation
- Nevada Health Centers
- Nevada State Health Division
- Nevada Pharmacist Association
- Sierra Dietetics
- Southern Nevada Health District
- St. Rose Dominican Hospitals
- VONS/Safeway
- Washoe County District Health Department
- Washoe Diabetes Health Center
- Washoe Tribal Health Centers

NDC Support Organizations

- Abbott Diagnostics/Medisense
- American Academy of Neurological & Orthopedic Surgeons
- American Diabetes Association
- Bayer Pharmaceuticals
- Becton Dickinson Consumer Health Care
- Boehringer Mannheim
- Carson Tahoe Hospital
- Churchill Community Hospital
- Dairy Council of Nevada
- Diabetes Wellness
- Great Basin Primary Care Association
- Humana
- Indian Health Services
- Inter-tribal Council of Nevada
- Lion's Club
- Mead Johnson
- Mercy Medical Association
- National Association for the Advancement of Colored People
- Nevada Association of Hospitals & Health Systems
- Nevada Nurse's Association
- Nevada State Medical Association
- Nevada Urban Indians
- Novo Nordisk
- Nutrition Resources
- PacifiCare
- Savon Pharmacy
- Sierra Health Services
- Smith Kline Beecham
- South Lyon Medical Center
- Southwest Medical Associates
- St. Mary's Regional Medical Center
- Sunrise Hospital & Medical Center
- Superior Limb and Brace
- Sanofi-Aventis
- University of Nevada, Reno
- Veterans Affairs
Sierra Nevada Health Care System

Join the Nevada Diabetes Council (NDC)

You or your organization can join or renew your membership with the NDC by filling out this form. Email, fax or send the completed form to:

Nevada Diabetes Council
4150 Technology Way, Room 101
Carson City, NV 89701
Fax 775 684-5998
bhandler@health.nv.gov

We need to know:

Name _____

Title _____

Organization _____

Mailing Address _____

City, State, Zip _____

Work Phone _____

Fax _____

Email _____

Membership is free and open to anyone interested in improving diabetes systems within Nevada. Your membership will allow you to:

- Provide guidance and support for Nevada's diabetes prevention and control efforts
- Participate in the NDC's annual meeting and quarterly conference calls
- Partner with other professionals, organizations and businesses with a common interest in improving diabetes awareness and self-management

This publication was supported by the Nevada State Health Division through Grant Number U32/CCU922683-05 from the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Nevada State Health Division or the Centers for Disease Control and Prevention.